



**LOVELAND MOUNTAIN CLUB**  
**PO BOX 983, LOVELAND, CO 80539**

[www.LovelandMountainClub.org](http://www.LovelandMountainClub.org)

Vol. 43, #3: September, 2021

### President's Message

I'm very excited to announce that we will be holding our first Loveland Mountain Club Monday Night Meeting since the Pandemic started more than a year ago. It will be held September 13, 2021 at 7:00 PM at the Trinity Lutheran Church, 3333 Duffield Avenue, Loveland. **We are requiring that unvaccinated people please wear a mask.** The program will be something that is of interest to almost anyone: **"Take Your Best Shot (With Your Cell Phone)!"** The speaker will be our own Melanie Pennington, who has been an avid photographer all her life and who will present lots of practical and useful tips that you can start using right away to improve your hiking photos, whether they be of landscapes, groups of people, or flowers. Please bring your cell phone, as there might be some fun opportunities to try it out!

I would like to thank our newest volunteer, Pam Nelson, for taking over for Steve Bergstrand as co-LMC Facebook Editor! Many thanks also to Steve for his many years of service to this club.

We are not out of the Pandemic woods yet and while much feels normal, getting members together to lead hikes or participate in the hikes and Club activities may still feel uncomfortable. In order for our Club to survive, we really need to address the lack of volunteers needed to lead hikes and fill open positions. I've mentioned the lack of leaders so many times before that I'm beginning to sound like a broken record! Our plan is to do a special recognition at our December Holiday Brunch of all those who have led a hike this year. Won't you please consider volunteering to be a hike leader? We will be sending around a clipboard at our September 13 meeting showing available dates. The Club usually hikes on Sunday, Tuesday, Thursday and Saturday. If you are interested in being a leader, please sign up or contact:

- Weekend Coordinator - Penny Kragie, [pakragie@gmail.com](mailto:pakragie@gmail.com)
- Tuesday Coordinator – Jane & Dan Maddigan, [maddigan2@gmail.com](mailto:maddigan2@gmail.com)
- Thursday Coordinator – Tom Bruch, [tombruch1964@gmail.com](mailto:tombruch1964@gmail.com)

Besides the need for hike leaders, we have and will have open positions within the Club that will need to be filled. This is a great way to get to know your fellow members and help the Club at the same time. Below I will list the positions noting in **bold** which ones need to be **filled immediately**. Many more will become available next year when we have our March elections. I will also be sending around a clipboard at our Monday meeting

listing all of these and if you are interested, please sign up and we'll keep this list on file for future openings. I'm hoping next year will be a breakthrough year for us.

- President (Betsy Mosehauer) – presides at all meetings and performs duties incident to the office of the President.
- Vice President (Greg Coonfare) – performs the duties of the President in his or her absence; chairs the Program Committee.
- Treasurer (Gabi Miles) – has charge, custody and is responsible for all funds and securities of the Club; maintains the LMC Roster
- Secretary (Carol Watt) – keeps the minutes of the membership and Board meetings; is custodian of the organization records; makes and keeps the Club name tags
- Board of Directors (MJ Bergstrand, Pam Berthold, Tom Bruch, Rich Kurz, Cine Webb) – 5 members elected in March for a 2-year term; help the Officers make decisions for the Club; forms a committee to work on the July Picnic and December Holiday Brunch
- Website Managers (John Pape, Rich Kurz) – uploads monthly newsletter and updates description of monthly meeting; maintains software; updating plus regular backups
- Newsletter Editor (Melanie Pennington) – Editor of Monthly Newsletter; sends out mass emails for hike changes or additions, meeting reminders, etc.
- **LMC Facebook Editors** (Dick Lottes [will be leaving]; Pam Nelson) – post members pictures taken on hikes ([LMCphotos98@gmail.com](mailto:LMCphotos98@gmail.com))
- Program Committee (Greg Coonfare, Danielle Raker-Brown, Lynne Niemeyer) – finds speakers for our Monthly Monday meetings
- Round Mountain Trail Maintenance Coordinator (Jane Davis) – schedules twice a year the maintenance of our adopted Round Mountain trail
- **Hospitality Coordinators** (Kathy Langan, Cine Webb [will be leaving]) – sets up the coffee/tea/refreshments at our Monthly meetings
- Goodwill Ambassador (Karen Goggin) – sends cards, flowers, makes visits to our members who are recovering from surgery, had an accident, are dealing with an illness, injury or loss of a loved one
- Recognition Committee (Carol Watt, Rich Kurz, Tom Bruch) – makes decisions on which of our members should be recognized at the July Picnic and December Holiday Brunch
- Hike Coordinators (Penny Kragie – weekend; Jane & Dan Maddigan – Tuesday; Tom Bruch – Thursday) – compile monthly hike information from the Monthly Hike Coordinators so it can be posted in our Newsletter, on our Website and in the newspaper
- Monthly Hike Coordinators: members contact the following people with dates, descriptions and other information for the hikes they want to lead
  - January – Ted Hartman
  - February – Lynne Niemeyer
  - March – Dick Lottes
  - April – Danielle Baker-Brown
  - May – Dick Lottes
  - June – Steve Bergstrand
  - July – Betsy Mosehauer
  - August – Pam Berthold
  - September – Ted Hartman
  - October – Penny Kragie
  - November – Karen Goggin
  - December – Barb Jones

As you read through the names of our current volunteers, you will notice that it's the same people who have volunteered over and over again. We'd like to see some new volunteers filling these positions. You may

contact any of these people listed above to get more information on their position. When the lists are passed around at the September 13 meeting, won't you please consider adding your name to it.

*Betsy Mosehauer, President*

betsy\_mosehauer@msn.com

### Club Meetings:

**Monday, September 13<sup>th</sup>:** The meeting will be from 7 to 8:30 PM, at Trinity Lutheran Church, 3333 Duffield Avenue, Loveland, 80538. The program is "Take Your Best Shot (With Your Cell Phone!)" The speaker is Melanie Pennington, who has had a passion for photography since her middle school science fair project, which involved developing film. Photography has come a long way since then, and the little devices we all carry around and call "Phones" can be amazing cameras. Bring your cell phone so you can actually try out some new skills during the presentation.

The local and state guidelines will be followed regarding Covid restrictions at the time. At the time this newsletter was published, the only restriction was that all unvaccinated participants wear a face mask.

If you have any suggestions you would like to submit for programs, or would like to present a program related to hiking, health, nature, weather, etc., please let us know!



## **Editor's Notes:**

I am really looking forward to seeing you all at our first formal club meeting since the pandemic started! Joining this club is one of the best things I have done since moving to Colorado several years ago, and I am eagerly anticipating the time when the club becomes a new version of its past self, adapting to the realities of the pandemic and moving forward to serve those who love to hike in this wondrous state we live in. There are currently three hikes on the schedule for September. Thanks to Cindy Brusko for volunteering to co-lead a hike with me! Also, thanks to Gail Frasier for coming up with some great hikes. More hikes can be added at any time if anyone would like to lead one.

I apologize to Linda and Dave Hollingsed for misspelling their names in the last newsletter.

I have included the club waiver at the end of this newsletter if you have not signed the updated version yet. Signed waivers can be submitted at the next club meeting, to your hike leader, or mailed to the club address LOVELAND MOUNTAIN CLUB, PO BOX 983, LOVELAND, CO 80539.

If you need to contact me about special announcements or questions regarding the newsletter, please feel free to use my personal email [melpenning1010@gmail.com](mailto:melpenning1010@gmail.com). I am happy to send out group emails to the membership regarding any hike additions or changes, meeting announcements, etc. Hike leaders should also contact the appropriate hike coordinator about any additions or changes.

Melanie Pennington, Newsletter Editor

## **Special Thanks to our August Hike Leaders:**

Tom Bruch, Melanie Pennington, and Elizabeth McCoy volunteered to lead hikes last month. Thanks to them and to all the hikers who joined them!

## **Hike Coordinators:**

Weekend Hike Coordinator for 2019: Penny Kragie - [pakragie@gmail.com](mailto:pakragie@gmail.com) or 571-643-6803

Tuesday Hike Coordinators: Jane and Dan Maddigan: [maddigan2@gmail.com](mailto:maddigan2@gmail.com) or 412-680-8919

Thursday Hike Coordinators: Tom Bruch: [tombruch1964@gmail.com](mailto:tombruch1964@gmail.com) or 970-405-7794



“Though we travel the world over to find the beautiful, we must carry it with us, or we find it not.” – **Ralph Waldo Emerson**

### **Important Hike Information**

Loveland Mountain Club welcomes non-members to join us for any of the hikes we offer. Membership is encouraged after two hikes. Visit [www.lovelandmountainclub.org](http://www.lovelandmountainclub.org) for more information about club activities and membership.

- Disclaimer: A hiker assumes the risk of any injury to person or property resulting from any of the inherent dangers and risks of hiking, snowshoeing or participating in any of the club's activities, including driving or riding to and from the trailhead, and may not recover from the Loveland Mountain Club for any injury resulting from any of the inherent dangers and risks aforementioned.
- All participants must contact the hike leader to participate in a hike. Contact the hike leader at least three days prior to the activity
- Hike leader should notify participants in case of change of weather, etc. Participants should inform the hike leader if they are unable to make the trip
- Participants should refer to the suggested hiking equipment list
- When hiking, lead and rear hikers should be readily seen. Person in front should wait for the slower hikers
- The last two cars of each trip should leave together so no one gets stranded
- Hike leader needs to be assertive as necessary; if in doubt, the hike leader is in charge and should not be questioned
- There should be a minimum of four participants. If there are not four, it is no longer a club activity
- Participants should pay gas money to the driver and bring a change of footwear and a bag for dirty boots

## **Covid Related Protocols for Loveland Mountain Club Hikes**

- Group size will be at the discretion of the hike leader taking into consideration management of the group, parking availability and difficulty of the hike. As always, participation will be on a first come, first serve basis.
- Hikes are open to whoever wants to lead a hike and those hikers who are comfortable in attending.
- Masks are not mandatory while hiking.
- Full disclosure of vaccination status would be desired so that hiking and driving in groups can be done safely. Participants should disclose their vaccination status to the hike leader and other participants. Participants may then choose either to drive their own vehicle to the trailhead or carpool with others. Carpool drivers may request riders to wear face coverings inside their vehicle.
- If you must step off the trail for a moment to social distance, stop rather than continuing to walk alongside the trail thus preventing trail erosion.
- Include with the *essential items* in your backpack a facemask and hand sanitizer.
- Sign the Loveland Mountain Club Waiver of Liability-2020 if you have not already. Hike leaders should carry a small supply of the waivers with them.
- Please cancel from the hike if you are feeling any symptoms associated with COVID-19 or have had contact with anyone known to have symptoms in the last 14 days.
- Hike leaders must honor all local and county closures and have the necessary reservations for the Rocky Mountain trails. Leaders should plan to avoid popular, over-crowded trailheads and have a Plan B ready in case the trailhead/parking area is already crowded.

### Classification ratings

**EZ Hikes: Hikes of less than 4 miles and less than 600' of climbing; these hikes will be highlighted in yellow.**

- A. Up to 8 miles maximum round trip with elevation gain up to 1200 feet
- B. 8-12 miles maximum round trip with elevation gain of 1200 to 2500 feet
- C. 12-15 miles maximum round trip, and/or elevation gain of over 2500 feet. Steep or rough terrain may be encountered
- D. More than 15 miles round trip, and/or elevation gain over 3500 feet. Trips in this classification may require additional climbing skills
- E. Designates peaks of any classification as dangerous. Basic mountaineering skills and/or the approval of the leader will be required

Some hikes will not exactly fit these ratings and may be designated A/B or B/C, etc. to convey the real nature of the hike. In those instances, pay close attention to the stated distance and/or elevation gain and discuss with the hike leaders when you call them to arrange to join the hike.

## Hike Offerings

### **Thursday, September 9: Arthur's Rock**

This is a moderately challenging, almost 5 mile, Class A loop, up to the top of Arthur's Rock then back by way of the Howard Trail. Elevation gain is 1,473 ft. Going up to Arthur's Rock will get your heart started with hardy sloped hills the first quarter mile and the last quarter mile. Coming down is a breeze through the trees. Today I saw four deer as I came down Howard Trail. Contact Gail at [billgailfrasier@gmail.com](mailto:billgailfrasier@gmail.com).

### **Wednesday, September 15th: Lumpy Ridge**

We will be doing an out-and back hike on the Lumpy Ridge Loop trail, which offers great views of Estes Park and also encounters some interesting rock formations, the most famous being the Twin Owls. The hike is rated as an A hike due to the elevation gain (about 1200 feet), and will be about 4 miles in length, round trip. The group will be limited to 10 hikers. We will be relaxing afterwards and having a picnic lunch (please bring your own picnic). For more information or to sign up for the hike, please contact Cindy Brusko at [cbrown7417@icloud.com](mailto:cbrown7417@icloud.com) or Melanie Pennington at [melpenning1010@gmail.com](mailto:melpenning1010@gmail.com)

### **Thursday, September 30: Nelson Ranch**

This moderate Class A with a hint of B hike of 6.6 miles, elevation gain of 1,213 ft, is out of Lyons and largely exposed to the sun due to a beautiful meadow that makes me want a horse. Hoping late September will work to our advantage for cooler weather. At the end is a homestead with an outstanding silo if you like silos. There is a beautiful view of Long's and Meeker Peaks at the top of a one-way loop that encircles the homestead.

This trail is popular with bicyclists. Perhaps they will all be back in school by the end of September. Either way, I think this is a fun hike. Contact Gail at [billgailfrasier@gmail.com](mailto:billgailfrasier@gmail.com).



**Hike Leaders:** Please call the RMNP Backcountry Office at 970-586-1242 and report any changes in trail conditions after your hike. They have requested our help as they cannot cover the hundreds of miles of trails. Also call this number the day before your hike for the latest road, trail and weather conditions at the Park.

### **Interested in posting your "Club Hike" pictures to the club Facebook page?**

Please forward your pictures to [LMCphotos98@gmail.com](mailto:LMCphotos98@gmail.com) with Hike Destination and Hike Leader in the subject line of email, by the end of the day following the day of the hike. The number of pictures posted to Facebook is limited to 10 so the possibility exists that all your pictures will not be posted. Request you do not annotate your pictures, please? Visit our Facebook page Loveland-Mountain-Club to see photos from recent hikes.

### **Useful Telephone Numbers**

Rocky Mountain National Park – Backcountry Office 970-586-1242

Rocky Mountain National Park – Emergencies 970-586-1204

Colorado Road Conditions 303-639-1111

Larimer County Emergency Number (connects to Sheriff) 970-416-1985 (or just dial 911)

Links to useful information can be found at [Joeandfrede.com/wx/mountain\\_weather.ppt](http://Joeandfrede.com/wx/mountain_weather.ppt).

**Loveland Mountain Club Waiver of Liability, Assumption of Risk, and Indemnification – 2020**

Signed waivers can be submitted at the next club meeting, to your hike leader, or mailed to the club address: LOVELAND MOUNTAIN CLUB, PO BOX 983, LOVELAND, CO 80539.

**Parties and Definitions.** The individual whose name appears at the bottom of this waiver shall be referred to as "Participant." Loveland Mountain Club, Inc., is a Colorado non-profit corporation duly organized under the laws of the State of Colorado and registered with the Colorado Secretary of State. Loveland Mountain Club, Inc., including its employees, agents, volunteers, instructors, guides, officers, directors, and members shall be referred to as "Released Parties." Loveland Mountain Club and its employees, agents, volunteers, instructors, guides, officers, directors, and members either partially or wholly sponsor, organize, direct, conduct, or pay for various recreational activities, events, and trips that include, but are not limited to: hiking; snowshoeing; mountain biking; skiing and geocaching (collectively referred to as "LMC Activities").

**Specific Activity if Not a Member of LMC:** \_\_\_\_\_

**Waiver:** Participant desires to participate in LMC Activities. In consideration and exchange for allowing Participant to participate in LMC Activities, Participant, for him/herself, heirs, personal representatives and assigns, agrees **not to sue the Released Parties, and to hold harmless and release any Released Parties from any and all liability and/or claims for any injury, death, accident, illness, property damage, or property loss** arising from Participant's engagement in the LMC Activities, including, but not limited to, those claims based on any **Released Party's alleged or actual negligence or breach of any express or implied warranty.**

**Assumption of Risk.** Participation in any recreational activity or LMC Activities carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another. Some risks include but are not limited to: 1) minor injuries such as scratches, bruises, and sprains. 2) major injuries such as broken bones, eye injury or loss of sight, joint or back injuries, heart attacks, and concussions. 3) catastrophic injuries including paralysis and death. 4) exposure to unstable, steep, slippery terrain, wild or poisonous animals, insects or plants, altitude sickness, lightening, cold weather, avalanches, various other forces of nature, extreme remoteness from medical facilities, and/or equipment malfunctions and/or 5) contraction of or exposure to airborne illness and infectious diseases. I understand and agree that I am solely responsible for my own safety and well being while participating in LMC Activities.

**I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in participating in LMC Activities. I hereby assert that my participation is voluntary and I knowingly assume all such risks.**

**Indemnification and Hold Harmless.** I also agree to **indemnify and hold** Released Parties **harmless** from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities including attorneys' fees brought as a result of my involvement in any LMC Activities and to reimburse the Released Parties for any such expenses incurred.

**Severability:** Participant expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of Colorado and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgement of Understanding:** I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

**PARTICIPANT**

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

If Participant is a minor under the age of 18 please **also** fill out the legal guardian's information below.

**PARTICIPANT'S LEGAL GUARDIAN**

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_