



LOVELAND MOUNTAIN CLUB
PO BOX 983, LOVELAND, CO 80539
www.LovelandMountainClub.org
Vol. 44, #5: July, 2022

President's Message

The Loveland Mountain Club continues to show renewal and vitality. As of early June, we had 119 paid members which is a decent number of interested hikers. Members have taken advantage of the hikes offered recently as seen in the pictures posted on our Facebook Page attached to the website. If you have not accessed the Club's Facebook page, please look, and see where we are going and who is getting out there. So far, all the hikes show good numbers of participants. Also, we have new folks expressing interest and coming on board. The future of the Club looks bright.

If you missed it, the program portion of our June 6 meeting was a workshop devoted to how we conduct hikes. We covered in detail the history of the Club, hiking rules, Covid policies, hike classification ratings, liability waivers, selecting hikes, role of hike coordinators, writing hike descriptions, communication with hikers and elements in leading hikes. A panel of members including Melanie Pennington, Betsy Mosehauer and Tom Bruch made the presentation. Hopefully, this provided a refresher to long time members and provided the tools for new hike leaders to emerge.

As you know by now, there is no meeting on Monday July 4 because of the holiday. Instead, the Club will host its annual summer potluck picnic at Old Fairgrounds Park on Monday July 11. You will find details further in the newsletter. We hope that you can join us for an evening of food and fellowship and getting to know each other "off the trail." As noted in the details, please RSVP with Brenda McGeorge so we know how many to expect.

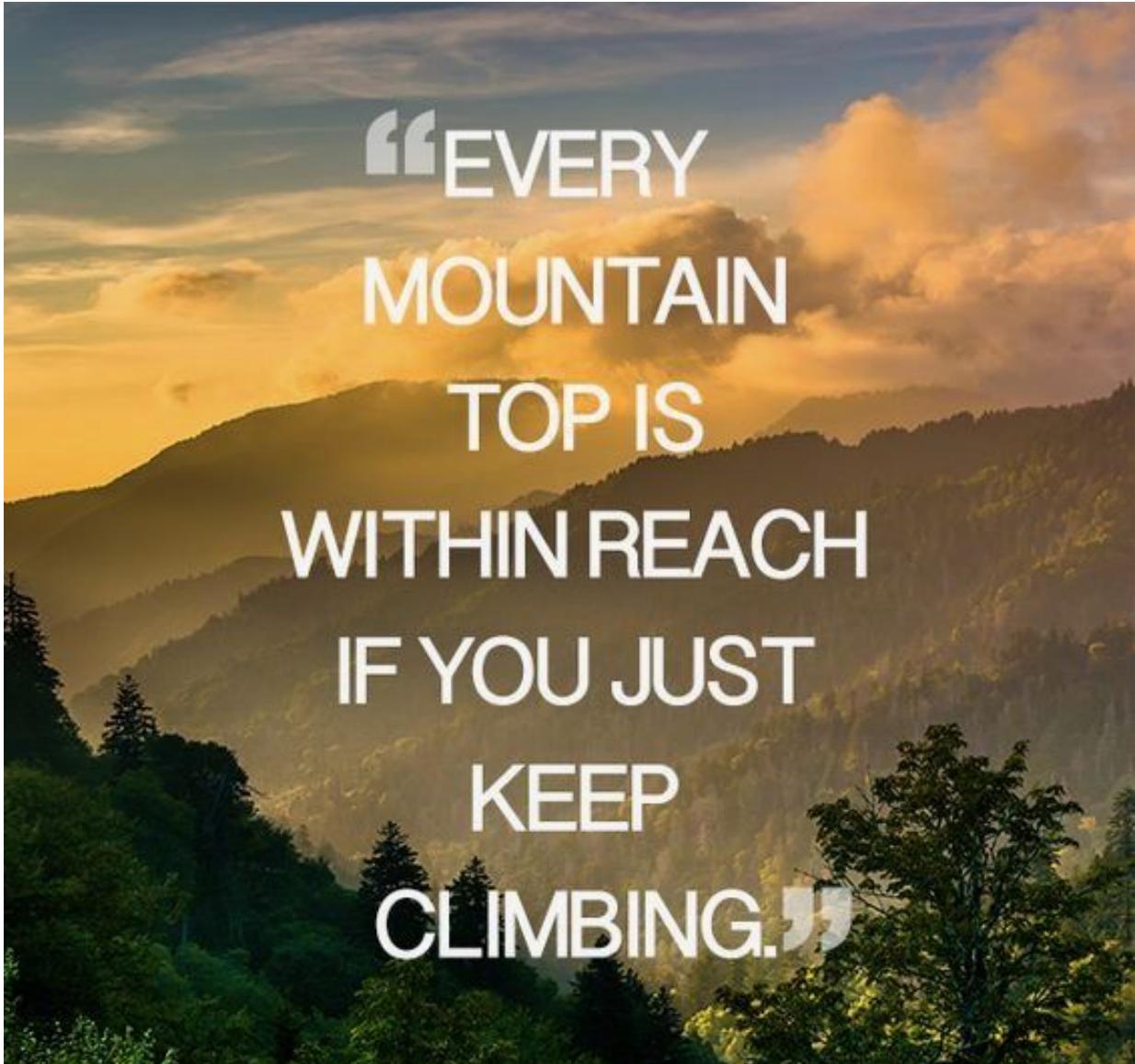
A recent issue of Backpacker magazine posed an interesting question: where was your first hike ever? Going back to when I was a teenager in the 1960's, I was on a trip with my parents to Grand Teton National Park as part of a conference my dad attended. One afternoon the activity for guests at the event was a shuttle boat across Jenny Lake to the other side where there was a trail going through the forest towards the Tetons. A group of us "younger adventurers" walked that trail for at least two hours. I came back tired but satisfied. A seed was planted in me to venture in the outdoors. I even imagined myself becoming a mountain climber. I did

not become a climber and hiked sparingly with college, family, community, and career taking up time. Finally in 2002, I started hiking more and have enjoyed it since. So, ask yourselves where was your first hike ever? Could make for interesting conversation at the picnic!

Tom Bruch

President

tombruch1964@gmail.com



Monthly Meetings

Meetings take place at Grace Community Church, 240 Barberry Place, Loveland. The Church is located off 14th Street SW, east of Taft and west of 287. Turn south onto Valency Drive and take the first right onto Barberry Place. It takes a slight left-hand curve and dead ends into the Church parking lot. The entrance is on the East side next to the main entrance (ignore the sign that directs you to the south entrance). Masks are optional at this time, but may become mandatory based on the status of the pandemic in Larimer County.

Monday, July 4th: No meeting due to holiday

Monday, July 11: Annual LMC Summer Pot Luck Picnic 5:30 – 7:30 PM

It's time for some outdoor fun, food, and friendship! Join us at Loveland's Fairgrounds Park, Pavilion 1A, for an enjoyable evening with fellow hikers. The picnic is free, and LMC will provide delicious fried chicken. Please bring a side dish or dessert to share. Also, bring your own drinks, table settings, and napkins. In an effort to promote sustainability, we request you bring re-usable items.

Directions: Highway 34, south on Cleveland, right (west) on 1st Street, left (south) on Railroad, (there is a sign Old Fairgrounds Park), the park is on the left after the curve. If you Google Map it, you must put in "700 South Railroad Avenue" or you will end up on the east side of the park, which is the wrong side.

Monday, August 1: Birding, anyone?

The program planned for August 1 is a presentation by Sheila Webber, Education Committee Chairperson for the Fort Collins Audubon Society. Sheila will tell us about the birds in our area, which will be of interest to us as we see many of them on our hikes.

Monday, September 5: TBA

Editor's Notes:

We have 12 fantastic hikes to offer in July! It is great to have old and new hike leaders pitching in to bring you a great hike schedule.

If you are a new hike leader and need some help writing a hike description, please see the attachment that I sent out with this newsletter that has details about writing hike descriptions.

If you need to contact me about special announcements or questions regarding the newsletter, please feel free to use my personal email melpenning1010@gmail.com. I am happy to send out group emails to the membership regarding any hike additions or changes, meeting announcements, etc. Hike leaders should also contact the appropriate hike coordinator about any additions or changes.

Melanie Pennington, Newsletter Editor

Did you know?

The LMC web site (LovelandMountainClub.org) has both a public and a member only interface. If you are a paid member, and you have any problems logging into our web site, please contact webmaster John Pape at John.Pape@gmail.com for help signing in.

Thanks to our June Hike Leaders:

Tom Bruch, Ted Hartman, Greg Coonfare, Carol Watt, Gail Frasier, and Kris Millard volunteered to lead hikes last month. Many thanks to our hike leaders for stepping up to put nice hikes together for us!

Hike Coordinators:

Weekend Hike Coordinator for 2022: Penny Kragie - pakragie@gmail.com

Tuesday Hike Coordinator: Steve Bergstrand: stevebergstrand73@gmail.com

Thursday Hike Coordinators: Gail Fraser: billgailfrasier@gmail.com



Important Hike Information

Loveland Mountain Club welcomes non-members to join us for any of the hikes we offer. Membership is encouraged after two hikes. Visit www.lovelandmountainclub.org for more information about club activities and membership.

- Disclaimer: A hiker assumes the risk of any injury to person or property resulting from any of the inherent dangers and risks of hiking, snowshoeing or participating in any of the club's activities, including driving or riding to and from the trailhead, and may not recover from the Loveland Mountain Club for any injury resulting from any of the inherent dangers and risks aforementioned.
- All participants must contact the hike leader to participate in a hike. Contact the hike leader at least three days prior to the activity
- Hike leader should notify participants in case of change of weather, etc. Participants should inform the hike leader if they are unable to make the trip
- Participants should refer to the suggested hiking equipment list
- When hiking, lead and rear hikers should be readily seen. Person in front should wait for the slower hikers
- The last two cars of each trip should leave together so no one gets stranded
- Hike leader needs to be assertive as necessary; if in doubt, the hike leader is in charge and should not be questioned
- There should be a minimum of four participants. If there are not four, it is no longer a club activity
- Participants should pay gas money to the driver and bring a change of footwear and a bag for dirty boots

Covid Related Protocols for Loveland Mountain Club Hikes

(Update May 15, 2022)

The Loveland Mountain Club (LMC) makes the safety of our members a priority. The following guidelines are made with the health and well-being of our members in mind.

- In general, the LMC does not require masks or reduced capacity at hikes and events. However, leaders may require more restrictive guidance for their hikes and events. This may include:
 - Limit on the size of groups participating
 - Separate carpooling for unvaccinated participants
 - Limit participation to only the fully vaccinated
 - Require masks when carpooling inside vehicles.
 - Any requirements for participation need to be published in the hike descriptions so folks will know what to expect.
- As a reminder, Covid-19 still exists. The CDC has detailed guidelines on what to do if you have been exposed, tested positive or are feeling unwell. For LMC purposes, please cancel from a hike or event if you have tested positive for Covid 19, are feeling any symptoms associated with Covid-19 or have had contact with anyone known to have symptoms in the last 10 days.

- Hike and event leaders must honor all local, county, state and federal Covid-19 requirements that may be put into place depending on circumstances.
- Sign the Loveland Mountain Club Waiver of Liability-2020 if you have not already. Hike leaders should bring a few extra waivers with them, and submit any completed waivers you collect at your hike to Ted Hartman.

Hike Ratings

EZ Hikes: Hikes of less than 4 miles and less than 600' of climbing; these hikes will be highlighted in yellow.

- A. 4 to 8 miles maximum round trip with elevation gain up to 1200 feet
- B. 8-12 miles maximum round trip with elevation gain of 1200 to 2500 feet
- C. 12-15 miles maximum round trip, and/or elevation gain of over 2500 feet. Steep or rough terrain may be encountered
- D. More than 15 miles round trip, and/or elevation gain over 3500 feet. Trips in this classification may require additional climbing skills
- E. Designates peaks of any classification as dangerous. Basic mountaineering skills and/or the approval of the leader will be required

Some hikes will not exactly fit these ratings and may be designated A/B or B/C, etc. to convey the real nature of the hike. In those instances, pay close attention to the stated distance and/or elevation gain and discuss with the hike leaders when you call them to arrange to join the hike.

Hike Offerings

Round Mountain Trail Maintenance:

This 3-day event has been postponed until October. Details will be included in the September newsletter.

Thursday, June 23: Chasm Lake (B)

This beautiful lake at the base of Longs Peak is sure to please the budding geologist in you! This is a 9-mile, round trip hike with 2700 feet of elevation gain. This class B hike will be led at a slow to moderate pace. Anticipate an early start as much of the hike is in an alpine setting. Call Jane D. with questions or to sign up. 260-413-2686 or jcdflyfisher@gmail.com.

Saturday, June 25: Sullivan Gulch (B)

This will be an out and back, steep hike up to a pass with beautiful views of Sullivan Gulch, True Gulch and Sullivan Park. The hike is rated class B because of the strenuous hike up to and down from the pass. Round trip distance will be around 4 miles with about 1,000 feet elevation gain. The maximum elevation will be about 7,700 feet. We will explore two spur trails once we get to the top. The hike will be done at an intermediate pace. The cost will be \$5 per person to the driver. Fully Covid vaccinated hikers only. There will be a maximum of 8 hikers on this trip due to very limited parking. Call Ted Hartman at 970-292-8431 before June 23 for details or to sign up for the hike.

Tuesday, June 28: Tea House (A)

This hike will be out of the Lily Lake Trailhead and is approximately 6 miles RT with an elevation gain of 1000'. Ride cost per passenger will be \$4 to the driver. The Tea House is an example of an early roadside tourist business located along Aspen Brook. Ann Wolfram constructed the teahouse about 1913 and sold Indian handicrafts and refreshments. Her cabin, the teahouse and a bunkhouse are still standing and in fine shape. The first part of the trail is through a dense forest and then opens out into a meadow where you can see ruins of the Jimmy Field cabin. The teahouse is located below in a second meadow near the park boundary. To sign up and get specifics as to when and where to meet, email Betsy Mosehauer at betsy_mosehauer@msn.com.

Thursday, June 30: B-17 Crash Site near CSU Pingree Park Mountain Campus (A+)

The destination of this hike is the site where a B-17 bomber crashed into the mountain while on a night time training mission on October 18, 1943. All eight crew members were killed. The hike is 5.6 miles with 1217' of climbing so I'll call it an A+. Fully vaccinated hikers only please. Contact Steve Bergstrand at stevebergstrand73@gmail.com.

Tuesday, July 5: Irvin's Homestead (A)

Homestead Meadows, Class A, 6.2 miles Roundtrip with 853 feet elevation gain. This is a sweet hike that will take you back in time. They say life was simpler then and maybe so. However, life certainly was much, much harder as evidenced by all the work tools left behind. The trail is typical and pleasant, then moves into a steep old road. It then opens into a lush meadow. Last month I heard the cry of coyotes after a kill. Vaccinated hikers only please. Gail Frasier billgailfrasier@gmail.com.

Thursday, July 7: Trap Lake, 6.4 miles (A)

Trap Lake is 65 miles from Loveland, up the Poudre Canyon. Moose are commonly seen along this trail as well as wildflowers. There are 3 water crossings, (bring your mosquito spray) and we'll end the hike at the Neota Wilderness boundary. Elevation gain is 954 ft. Settlers commonly built log bear traps in the park, thus the name, Trap Park. This hike will be led by Ellen Edwards & Laurette Terrell. To join in, please contact Ellen at LN1010@msn.com. Vaccinated hikers only.

Thursday, July 7: Thunder Lake (B)

This will be a 12-mile round trip from Wild Basin Trailhead. One of the more spectacular lakes, it is at the base of Alice and Tanima Mountains and Boulder-Grand Pass. The forested trail rises 2,074 ft. to a destination height of 10,574 ft. The pace will be moderate, and we may encounter snow at the top so bring traction. To sign up, email Carol Watt at Ruggmor@aol.com. Vaccinated hikers only. Do not expect a response before June 30.

Tuesday, July 12: Lake Agnes and Zimmerman Lake (A)

We will take short hikes around both lakes. The Lake Agnes Trail is a 2.3-mile loop near Walden, with 442 feet of elevation gain. Then we will hike 2.7 miles around Zimmerman Lake with 518 feet of elevation gain. The drive is about two hours each way. We will share the State Forest State Park fee of \$9 per vehicle plus ride share for the drivers. Vaccinated hikers only please. Contact Steve at stevebergstrand73@gmail.com.

Thursday, July 14: Fish Creek Spur to Homer Rouse Trail to Lily Lake Loop, Estes Park (A)

This out-and-back scenic hike in Estes Park follows an unpaved spur of Fish Creek Road, crossing Fish Creek to the Homer Rouse Trail, up to the Seven Keys Lodge, formerly known as The Baldpate Inn, a piece of Estes Park history since 1917, and then around lovely Lily Lake, where we will hopefully see wildflowers. The hike is rated 'A' with 4.8 miles round trip and 853' elevation gain. Cost per passenger will be \$5 paid to the driver. Covid-vaccinated hikers only please. To sign up, contact Donna Pierce at 303-880-9151 or maetreehuggergirl@gmail.com.

Thursday, July 14: Battle Mountain (C)

Given its name from the intense storms that can take place here, Battle Mountain is just to the north of Long's Peak. The trail begins from a beautiful forested area and then gorgeous views of Longs Peak and Mt. Meeker appear as we top out onto the tundra. The hike is 10 miles round trip and has about 2700 feet of elevation gain, topping out at 12,044. Ride share is \$7.00. COVID vaccinated hikers only, please. To sign up, send an email to Jane Davis, jcdflyfisher@gmail.com.

Saturday, July 16: Coulson Gulch (A+)

Great out and back day hike near Lyons. Starts with a steep downhill and continues mostly downward through forest and along a creek bed with occasional meadows with flowers. About 1.8 miles into the trail lies an old abandoned cabin. Then we trek down the trail with several stream crossings, an eroded section and difficult navigation. At the end is a spectacular cascade of water flowing at the bend in the St. Vrain Creek. The return will be an upward trek all the way back to the Trailhead. Hike is rated A+ with 6 miles RT and 1,325' elevation gain and maximum elevation of 7,600'. Cost to passengers is \$7 payable to

the driver. Max of 8 hikers due to limited parking. Fully Covid vaccinated hikers please. Contact Tom Bruch tombruch1964@gmail.com.

Tuesday, July 19: Caribou Ranch Trail (A)

This trail is located in the Caribou Ranch Open Space near Nederland. It is a loop trail in a mostly wooded area and passes the DeLonde Homestead and Blue Bird Mine. The trail is 4.8 miles with elevation gain of about 350 feet. The starting elevation is 8533 feet. This was an enjoyable hike last summer despite high temperatures. Hike limit is 12 with hope of fitting everyone into 3 cars. Fully vaccinated hikers only please. Contact Cindy Brusko at cbrown7417@icloud.com.

Thursday, July 21: American Lake Trail (B)

This Class B Hike is a beautiful trail which follows a route with an elevation gain of 2,043 feet as it works its way out to American Lake. There are some beautiful woods and picnic areas along the trail. This is an out and back hike with a distance of 6.8 miles. We will share the cost of state entry fee plus ride share total \$11 dollars. Fully vaccinated hikers only. Please contact Jim Shanahan by July 19, 2022 to join this adventure. Email: ShanahanJim9@gmail.com.

Saturday, July 23: Gem Lake Hike (A)

Gem Lake is listed as moderately challenging. It's 3.1 miles out and back with an elevation gain of 994 feet. Lumpy Ridge loop can be added per group consensus making this a 4-mile hike. The lake is small and not the real jewel of this hike. The views are spectacular along with unusual rock formations. Some areas are wooded with equal amounts open to sun. It's located outside of RMNP but a park pass is required. No timed pass is required if we arrive before 9am. We should get an early start on this one to avoid the crowds and the heat. Please contact Renda Restrepo at sumcal32@gmail or 816-965-9404 if interested.

Tuesday, July 26: East Portal Loop (A)

The East Portal Trailhead, which sits just outside of Rocky Mountain National Park, provides access to Emerald Mountain, the Wind River Trail, the Storm Pass Trail, Glacier Basin, and two summits that are not named on any map, but are unofficially known as Thunder Peak and Lightning Peak.

This will be a 6.1-mile loop hike with 994 feet elevation gain. We will go at a slow pace to enjoy the surroundings. This trailhead is at the eastern terminus of the Alva Adams Tunnel, which diverts water from Grand Lake on the western side of the Continental Divide to the thirsty cities on the eastern plains. Since parking is limited, we will start early and also avoid the 9-3 RMNP timed entry requirement. There are no restrooms or potable water at this trailhead. Cost to passengers will be \$5 payable to the driver. Contact Betsy Mosehauer, betsy_mosehauer@msn.com.

Thursday, July 28: St. Vrain Mountain (C)

Beat the heat this summer by hiking this 12,162' mountain, just south of Longs Peak! The trailhead is close to Allenspark, and after hiking through the Aspens and past Meadow Mountain, we head off-trail and up the rocky south face of St. Vrain. The hike is almost 10 miles in length (round trip) and there is close to 4,000 feet of elevation gain to access the wonderful views of the Indian Peak Wilderness to the south and the Longs Peak area to the north. Ride share is \$8.00. COVID vaccinated hikers only, please. To sign up send an email to Jane Davis jcdflyfisher@gmail.com.

Rocky Mountain National Park Reservation System:

Rocky Mountain National Park has a timed-entry permit reservation system. The system will run May 27 to Oct. 10. Here is what you need to know, as planning will be key to entering the park when you want to.

How to book: Reservations are on sale through www.recreation.gov :

10 a.m. MDT July 1 for August and any remaining days that have not been booked for July

10 a.m. MDT Aug. 1 for September and any remaining days in August that have not been booked

10 a.m. MDT Sept. 1. for October and any remaining days in September.

2 types of reservations to be offered:

One permit will be for the Bear Lake Road Corridor, which includes that area as well as access to the rest of the park. This reservation period will be from 5 a.m. to 6 p.m.

The second permit will be for Rocky Mountain National Park excluding the Bear Lake Road corridor. This reservation period will be from 9 a.m. to 3 p.m.

Permits issued using the reservation system will allow park visitors to enter the park within two-hour windows of availability. The reservation system will apply to all areas of the park.

Reservations are not required if entering the park before 5 a.m. or after 6 p.m. for the Bear Lake Corridor or before 9 a.m. or after 3 p.m. for the rest of the park. There are areas of the park that do not require a permit (Lily Lake, Wild Basin for example).

For answers to frequently asked questions and other information, visit

<https://www.nps.gov/romo/planyourvisit/timed-entry-permit-system.htm>

Hike Leaders: Please call the RMNP Backcountry Office at 970-586-1242 and report any changes in trail conditions in RMNP after your hike. They have requested our help as they cannot cover the hundreds of miles of trails. Also call this number the day before your hike for the latest road, trail and weather conditions at the Park.

Interested in posting your "Club Hike" pictures to the club Facebook page?

Please forward your pictures to LMCphotos98@gmail.com with Hike Destination and Hike Leader in the subject line of email, by the end of the day following the day of the hike. The number of pictures posted to Facebook is limited to 10 so the possibility exists that all your pictures will not be posted. Request you do not annotate your pictures, please? Visit our Facebook page Loveland-Mountain-Club to see photos from recent hikes.

Useful Telephone Numbers

Rocky Mountain National Park – Backcountry Office	970-586-1242
Rocky Mountain National Park – Emergencies	970-586-1204
Colorado Road Conditions	303-639-1111
Larimer County Emergency Number (connects to Sheriff)	970-416-1985 (or just dial 911)

Links to useful information can be found at http://joeandfrede.com/wx/Mountain_Weather.ppt

Loveland Mountain Club Waiver of Liability, Assumption of Risk, and Indemnification – 2020

Signed waivers can be submitted at the next club meeting, to your hike leader, or mailed to the club address: LOVELAND MOUNTAIN CLUB, PO BOX 983, LOVELAND, CO 80539.

Parties and Definitions. The individual whose name appears at the bottom of this waiver shall be referred to as "Participant." Loveland Mountain Club, Inc., is a Colorado non-profit corporation duly organized under the laws of the State of Colorado and registered with the Colorado Secretary of State. Loveland Mountain Club, Inc., including its employees, agents, volunteers, instructors, guides, officers, directors, and members shall be referred to as "Released Parties." Loveland Mountain Club and its employees, agents, volunteers, instructors, guides, officers, directors, and members either partially or wholly sponsor, organize, direct, conduct, or pay for various recreational activities, events, and trips that include, but are not limited to: hiking; snowshoeing; mountain biking; skiing and geocaching (collectively referred to as "LMC Activities").

Specific Activity if Not a Member of LMC: _____

Waiver: Participant desires to participate in LMC Activities. In consideration and exchange for allowing Participant to participate in LMC Activities, Participant, for him/herself, heirs, personal representatives and assigns, agrees **not to sue the Released Parties, and to hold harmless and release any Released Parties from any and all liability and/or claims for any injury, death, accident, illness, property damage, or property loss** arising from Participant's engagement in the LMC Activities, including, but not limited to, those claims based on any **Released Party's alleged or actual negligence or breach of any express or implied warranty.**

Assumption of Risk. Participation in any recreational activity or LMC Activities carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another. Some risks include but are not limited to: 1) minor injuries such as scratches, bruises, and sprains. 2) major injuries such as broken bones, eye injury or loss of sight, joint or back injuries, heart attacks, and concussions. 3) catastrophic injuries including paralysis and death. 4) exposure to unstable, steep, slippery terrain, wild or poisonous animals, insects or plants, altitude sickness, lightening, cold weather, avalanches, various other forces of nature, extreme remoteness from medical facilities, and/or equipment malfunctions and/or 5) contraction of or exposure to airborne illness and infectious diseases. I understand and agree that I am solely responsible for my own safety and well being while participating in LMC Activities.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in participating in LMC Activities. I hereby assert that my participation is voluntary and I knowingly assume all such risks.

Indemnification and Hold Harmless. I also agree to **indemnify and hold** Released Parties **harmless** from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities including attorneys' fees brought as a result of my involvement in any LMC Activities and to reimburse the Released Parties for any such expenses incurred.

Severability: Participant expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of Colorado and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

PARTICIPANT

Print Name _____

Signature _____ Date _____

If Participant is a minor under the age of 18 please **also** fill out the legal guardian's information below.

PARTICIPANT'S LEGAL GUARDIAN

Print Name _____ Date _____

Signature _____ Date _____