



**LOVELAND MOUNTAIN CLUB**  
**PO BOX 983, LOVELAND, CO 80539**

[www.LovelandMountainClub.org](http://www.LovelandMountainClub.org)

Vol. 43, #7, September, 2019

### President's Letter:

The Club would like to extend our heartfelt gratitude to our founder, Jim Disney who has put so much time and energy into making our Club what it is today. We all wish him much luck on his journey toward a healthy and happy life. "Happy Trails" to you Jim!

Congratulations to LMC member Kim Skyelander, who has been named to the Rocky Mountain Conservancy Board.

I would like to send a very special thank you to **Cine Webb** who has volunteered to fill the open position on our Board of Directors. Cine is a long-time member of the club and has served on the Board in the past.

Please do not send pictures from your hikes to be posted on Facebook in September. The gentlemen who take of this will not be able to post pictures until October.

We are looking for members who would like to lead EZ and A hikes for our club. It was brought to my attention that there was a shortage of EZ and A hikes in August and as a club, we should accommodate all levels of ability. If you feel you don't know the trails well or do not want to take on the full responsibility of leading a hike, please consider co-leading a hike with someone. Take my word for it, co-leading is fun and a lot more relaxing. If you would like to try and have a date in mind, contact one of our hike coordinators (Penny Kraigie for weekend hikes, Jane Maddigan for Tuesday hikes and Tom Bruch for Thursday hikes).

Due to Labor Day, the September meeting will be Monday night, September 9 at Trinity Lutheran Church at 7:00 PM. Members of Larimer County Search & Rescue will share their knowledge and experiences in our mountains.

Betsy Mosehauer

[betsy\\_mosehauer@msn.com](mailto:betsy_mosehauer@msn.com)

## **Club Meetings:**

Monthly meetings are from 7 – 8:30 PM at Trinity Lutheran Church, 3333 Duffield Avenue, Loveland, 80538, on the first Monday of the month (unless otherwise scheduled due to holidays). Monthly meetings are free and refreshments are provided by club members.

### **Monday, September 9th, 2019: Larimer CO Search and Rescue:**

Ever wonder about the people who risk adversity to search for and save a lost or injured hiker? On September 9th, Loveland resident and 15-year veteran of the Larimer County Search and Rescue Team, Bruce Boevers, will recount the calls and emergencies this group of volunteers has responded to and how their organization functions. An integral part of our county resources, this group of individuals is ready to drop everything in an instant to come to our aid. Some of you may already know Bruce, who also contributes his time to Habitat for Humanity, where he serves as a construction crew leader.

### **Monday, October 7, 2019; Cary Steven Johnson, Director: 'Power Against Fraud' Crime Prevention, 1ST District Attorney's Office:**

Cary assisted with the creation and launching of the "Communities Against Senior Exploitation" (CASE) crime prevention program for the Denver District Attorney's Office in 2002. In April, 2005, he was asked to bring the CASE Crime Prevention program to the 17TH (Adams/Broomfield Counties) and 1ST (Jefferson/Gilpin Counties) District Attorney's Offices; in 2006 he moved to work exclusively for Jefferson/Gilpin Counties' District Attorney's Office. The program now reaches all ages with ID theft prevention information. He has presented over 1800 seminars to service clubs, faith communities, Senior groups, student groups, and businesses concerning identity theft prevention.

Cary serves as President of the Jefferson County Council on Aging and Co-Chair of the Jefferson County TRIAD Senior Safety Program; he also is Vice-Chair of the Denver regional Area Agency on Aging. He received his Bachelor of Arts Degree in Political Science from U.C.L.A., his Master in Applied Communications Degree from the University of Denver, and a Doctor of Ministry Degree in Leadership Studies from Fuller Seminary, Pasadena, California.

### **Monday, November 4; Hiking New Zealand-Three Different Adventures:**

This program will feature some of our Loveland Mountain Club members and their trips to New Zealand. They will present photos of the world class hikes that they did while visiting there. Photos of the Milford Track, Routeburn Track, Mt. Cook trail, and the Tongariro Alpine Crossing will be included.

Come and enjoy photos of these beautiful locations and get some of your questions answered regarding your own visit to these islands.

## Editor's Notes:

My personal thanks to Jim Disney, who founded the Loveland Mountain Club, and who has nurtured it along for over 40 years. As a result of Jim's commitment to the club, we have a thriving organization that offers hikes up to 4 times a week, monthly programs that educate and entertain us, and social events where we can all share our love of the outdoors and hiking. Jim, thanks so much for your dedication to the hiking community and to preserving the natural heritage of the Loveland area and the nearby mountains.

Just FYI, if you want to e-mail one of the hike leaders, all their e-mail addresses are blue hyperlinks (look like this: <mailto:mlpenning@sbcglobal.net>). You can just right click on the hyperlink, left click on the "open hyperlink" button, and your email should open with that link (or the name of the email owner) in the "TO" box. Clicking the hyperlink makes it easy, and there is less chance of a mistake happening. If you can't get the hyperlink to work, just highlight it, copy it (hold down CTRL and C), then paste it into your email "TO" box (hold down CTRL and V). This should work on most PC's. Just contact me by clicking on the hyperlink if you have any problems! Just kidding ☺. Phone a friend, ask your kids, or find me at the meeting if you have questions.

Melanie Pennington, Editor

<mailto:mlpenning@sbcglobal.net>



## Special Thanks to our August Hike Leaders:

Steve B., Doug B., Irene G., Ted H., Jim B., Pam B., Laurette T., Carol W., Jane M., Tom B., Kathy L., Betsy M., Melanie P., Gabi M., and Penny K. volunteered to lead hikes last month. Thanks to all for your time and effort!

## Hike Coordinators:

Weekend Hike Coordinator for 2019: Penny Kraigie: [pakragie@gmail.com](mailto:pakragie@gmail.com) or 571-643-6803

Weekend Hike Coordinator for September: Karen Goggin: [karenrae\\_angel@yahoo.com](mailto:karenrae_angel@yahoo.com)

Tuesday Hike Coordinators: Jane and Dan Maddigan: [maddigan2@gmail.com](mailto:maddigan2@gmail.com) or 412-680-8919

Thursday Hike Coordinators: Tom Bruch: [tabruch@msn.com](mailto:tabruch@msn.com) or 970-405-7794

## **Important Hike Information**

Loveland Mountain Club welcomes non-members to join us for any of the hikes we offer. Membership is encouraged after two hikes. Visit [www.lovelandmountainclub.org](http://www.lovelandmountainclub.org) for more information about club activities and membership.

**Disclaimer: Members and guest hikers must sign the LMC Liability Waiver, which can be found at the end of this newsletter. Please submit the signed waiver at one of the club meetings, or mail it to the club at the above address.**

- All participants must contact the hike leader to participate in a hike. Contact the hike leader at least three days prior to the activity
- Hike leader should notify participants in case of change of weather, etc. Participants should inform the hike leader if they are unable to make the trip
- If you want to go on a hike, pay attention to the hike classification (see below) to ensure that you are up to the challenge. Hike leader should discuss individual skills with each participant to ensure they are ready for the hike
- Participants should refer to the suggested hiking equipment list (please see web site).
- When hiking, lead and rear hikers should be readily seen. Person in front should wait for the slower hikers
- The last two cars of each trip should leave together so no one gets stranded
- Hike leader needs to be assertive as necessary; if in doubt, the hike leader is in charge and should not be questioned
- There should be a minimum of four participants. If there are not four, it is no longer a club activity
- Participants should pay gas money to the driver and bring a change of footwear and a bag for dirty boots

### **Classification ratings**

**EZ Hikes: Hikes of less than 4 miles and less than 600' of climbing; these hikes will be highlighted in yellow.**

- A. Up to 8 miles maximum round trip with elevation gain up to 1200 feet
- B. 8-12 miles maximum round trip with elevation gain of 1200 to 2500 feet
- C. 12-15 miles maximum round trip, and/or elevation gain of over 2500 feet. Steep or rough terrain may be encountered
- D. More than 15 miles round trip, and/or elevation gain over 3500 feet. Trips in this classification may require additional climbing skills
- E. Designates peaks of any classification as dangerous. Basic mountaineering skills and/or the approval of the leader will be required

Some hikes will not exactly fit these ratings and may be designated A/B or B/C, etc. to convey the real nature of the hike. In those instances, pay close attention to the stated distance and/or elevation gain and discuss with the hike leaders when you call them to arrange to join the hike.

## Hike Offerings:

### **Saturday, August 24; Pawnee Pass (& possibly Pawnee Peak):**

This hike is located in the Indian Peak Wilderness. A class "B" hike of 9.4 miles RT with an elevation gain of 2,130 feet. The trail is highlighted by stops at Long Lake and Lake Isabelle, abundant flowers, and miles of open tundra. Pawnee Peak is a moderate .5 mile, 400' climb from Pawnee Pass with terrific views across the Indian Peaks and Wild Basin Area of Rocky Mountain National Park. Group size is limited to 12 people and a permit is required, so call early to sign up for this hike! For meeting time and place, call Jim or Pam Berthold at 970 232-9767.

### **Sunday, August 25; Timber Lake:**

We have to get an early start to go over Trail Ridge Road to reach the trailhead for this 10 mile R/T Class B hike. It will be a discovery adventure, since I have not done it before. The trail follows Timber Creek and rises steeply through aspens, then dense forest along Jackstraw Mountain. We'll encounter switchbacks, marsh, and hopefully wildflowers, as well as a pretty lake with a good view of Mt. Ida. To join us, contact Carol at 970-685-4943 or <mailto:Ruggmor@aol.com>.

### **Tuesday, August 27; MacIntosh Lake:**

**EZ** hike of about 4 miles and 10 feet elevation gain. This is a loop hike around the lake west of Longmont, the trail is partially paved. Lots of water birds and sometimes bald eagles can be spotted, and there are great views of Mount Meeker and Long's peak. Due to the August heat we will be getting an early start. If hikers are interested, we will go for breakfast afterwards at the Cheese Importers in Longmont. For more information or to sign up for the hike, contact Melanie Pennington at [mlpenning@sbcglobal.net](mailto:mlpenning@sbcglobal.net).

### **Thursday, August 29; Loch Vale:**

The medium paced, class A hike to the Loch in Rocky Mountain Park begins from the Glacier Gorge Trailhead. It's about a 6 mile round trip with 1040 feet of elevation gain. Depending on weather we may also stop in at Mills Lake. This is a beautiful subalpine lake with amazing views! Dominating the views directly across from the foot of the lake is 13,153-foot Taylor Peak and Taylor Glacier. Framing the spectacular gorge on either side is 12,668-foot Thatchtop Mountain towards the south, and 12,829-foot Sharkstooth towards the southwest. If you were to proceed around to the north side of the lake, 13,208-foot Powell Peak will begin to reveal itself towards the south. The ride share will be \$5. Contact Gabi Miles at [kgmiles\\_2@msn.com](mailto:kgmiles_2@msn.com) or Penny Kragie at [pakragie@gmail.com](mailto:pakragie@gmail.com) Remember to bring a signed waiver if you haven't done that yet!

**Saturday, August 31: No hike scheduled.**

**Sunday, Sept 1: No hike scheduled.**

## **Tuesday, September 3; Hewlett Gulch:**

This is a Class A hike of 8 miles round trip, 1000' elevation gain. The hike is in the Poudre Canyon and involves 15 easy crossings of a small creek. Pace will be slow to moderate. The trail gradually rises to a scenic plateau before returning to the streamside trail. Contact Ron Tuttle, <mailto:rktuttle7@gmail.com> or 970-667-4479 for meeting time and place.

## **Thursday, September 5; Meadow Mountain:**

Meadow Mountain offers unique views into the Wild Basin trail system from its 11,632 summit, including seldom seen southern views of Mount Meeker and Long's Peak and northern views of Mount Audubon. Due to the 2,832 feet elevation gain within 3 miles, it's a Class C level hike. The 6-mile round trip hike offers one of the rockiest trails in the area, so it will make a longer trip than a typical 6-mile hike. We'll plan for an early departure and approximately 1-hour drive to the Allenspark/St. Vrain Mountain trail head. Limit of 8 hikers. Ride share will be \$5. Contact Danielle Brown at [draker55@yahoo.com](mailto:draker55@yahoo.com) or (970) 980-4642 to join the hike.

## **Saturday, September 7; Gould Loop Trail:**

This trail is located in State Forest State Park over Cameron Pass just east of Gould, Colorado. This area features eye filling mountain beauty including the Nokhu Crags and the Never Summer Range with possible moose sightings. The loop hike begins at the Moose Visitor Center and parallels the middle fork of the Michigan River including the Ranger Lakes Campground. A great late summer outing, the hike is rated an easy A with 250' elevation gain and 6 miles round trip. Maximum elevation is 9,250'. To join the hike, contact Tom Bruch at <mailto:tabruch@msn.com> or call 970-405-7794.

## **Sunday, September 8: No hike scheduled.**

## **Tuesday, September 10; TBD:**

Contact Carol at 970-685-4943 or [Ruggmor@aol.com](mailto:Ruggmor@aol.com) for more details.

## **Thursday September 12; Green Lake in Glacier Gorge:**

This is a challenging and rewarding climb along the well-known trail past Black Lake along the Glacier Gorge Trail system. Green Lake is a shallow, 3.7-acre pond with a setting quite spectacular including close-up views of Glacier Gorge to its shaded cirque below Long's Peak. The hike will be a class B of 11.5 miles round trip with 2,310 elevation gain. We'll hike at a moderate pace. A small parking lot and a long hike necessitate an early departure and a limit of 8 hikers. Contact Danielle Brown at <mailto:draker55@yahoo.com> or (970) 980-4642 before September 10 for details or to sign up for the hike.

## **Saturday, September 14: No hike scheduled.**

## **Sunday, September 15; Lake Isabelle:**

This is a very pretty Class A hike, if they haven't drained the lake! The 4.4 mile R/T trail is heavily trafficked. We have to start at Brainard Lake, near Nederland, so it will be an early departure. Contact Carol by <mailto:Ruggmor@aol.com> or call 970-685-4943 to sign up.

## **Tuesday, September 17; Boulder Brook Trail to Glacier Creek Trail Loop:**

Class B hike. Elevation gain is 1,600 feet with total distance 8.5 miles. We will leave early for this beautiful aspen-lined trail that follows the creek uphill where it meets the North Longs Peak Trail after 2.5 miles. The trail loops west to Glacier Creek Trail and then to Storm Pass Trail Head to complete the loop. Contact Danielle Brown at <mailto:draker55@yahoo.com> or (970) 980-4642 to join the hike.

## **Thursday, September 19; Mud Lake and Caribou Ranch:**

Mud Lake and Caribou Ranch are two areas near Nederland, Colorado featuring great scenery and easy trails. This Class A hike begins at Mud Lake with a trek around the lake, then takes the Caribou Ranch link up to Caribou Open Space. From there the trail continues on to a loop up to the Bluebird Mine Complex and comes back to the DeLonde Homestead for return to Mud Lake. This area features both history and great views with a mix of forest and open areas. If conditions are favorable, the abundant Aspen may start their turn to gold. Hike is about 7 miles with 600' elevation gain and maximum elevation of 8,700'. Limit is 12 hikers due to parking. Contact Tom Bruch at <mailto:tabruch@msn.com> or 970-405-7794.

## **Saturday, September 21; Saint Vrain Trail at Sandstone Ranch:**

This is an **EZ**, late afternoon hike of about 3-4 miles out and back, depending on what hikers want to do. This flat and paved urban trail meanders along the St. Vrain River in eastern Longmont. Hikers can bring a sack dinner if they would like to picnic in the Sandstone Ranch park after the hike. Contact Melanie at <mailto:mlpenning@sbcglobal.net> to sign up for the hike.

## **Sunday, September 22; Ouzel Lake:**

This Class B hike to Ouzel Lake begins in the Wild Basin area of RMNP. It is a 10.2 mile hike with an elevation gain of about 1700 feet. We will pass Copeland Falls, Calypso Cascades and Ouzel Falls on our way to the Lake. For more information or to sign up for the hike, call Penny Kragie at 571-643-6803 or <mailto:pakragie@gmail.com>.

## **Tuesday, September 24; Mt. Ida:**

This will be a 9.8 mile RT Class B hike with 2130' elevation gain. A beautiful hike above tree line. The trail begins at the Continental Divide at Milner Pass on Trail Ridge Road. Dramatic views from the top include peaks of the Mummy and Never Summer Ranges. We will leave VERY EARLY due to the long and

crowded drive to the trailhead. Contact Kathy Langan at <mailto:langandesign@yahoo.com> or Danielle Brown at <mailto:draker55@yahoo.com>.

### **Thursday, September 26, Balanced Rock:**

This Class B, 8 mile hike will begin at the Cow Creek Trail Head. There will be about 1200 feet of elevation gain and will be led at a moderate pace. The hike will be limited to 9 people due to limited parking at the trail head. Call Jane D. to sign up or for more information: 260-413-2686 or <mailto:jcdflyfisher@gmail.com>.

### **Saturday, September 28; Odessa Lake from the Bear Lake Trailhead:**

This Class B hike is in Rocky Mountain National Park. The lake is framed by Knobtop Mountain, the Little Matterhorn, Joe Mills Mountain and Gabletop Mountain. The hike is 8.3 miles with 1912' total roundtrip elevation gain returning to Bear Lake. Email Steve at <mailto:stevebergstrand73@gmail.com> for meeting time and place.

### **Sunday, September 29: No hike scheduled.**

### **Tuesday, October 1; Golden Gate Canyon State Park:**

This will be a 9.6 mile RT Class B hike with 1446' elevation gain in beautiful Golden Gate Canyon State Park. We will hike the Mule Deer trail starting from Panorama Point showcasing the peaks of the Continental Divide. Aspen should be in their fall foliage. After the hike, we will stop at The Last Shot where good food & other surprises await. Please plan on an early start and a full day. Contact Jane Maddigan at <mailto:maddigan2@gmail.com> to sign up for the hike or more details.

### **Thursday, October 3; Dadd Gulch:**

This is a Class A hike of 8 miles round trip, 1500' elevation gain. The hike is in the Poudre Canyon and we should see the aspens along the stream at their peak color. The trail rises gradually to a road that we will follow a short distance to a nice view spot for lunch. The pace will be slow to moderate. Thursday, October 3rd. Contact Ron Tuttle: <mailto:rktuttle7@gmail.com> or 970-667-4479 for meeting time and place.

**Hike Leaders:** Please call the RMNP Backcountry Office at 970-586-1242 and report any changes in trail conditions after your hike. They have requested our help as they cannot cover the hundreds of miles of trails. Also call this number the day before your hike for the latest road, trail and weather conditions at the Park.

**Interested in posting your "Club Hike" pictures to the club Facebook page?**

Please do not send pictures during the month of September, Steve and Dick will not be able to post them.

Please forward your pictures to Dick Lottes at [longs91peak@yahoo.com](mailto:longs91peak@yahoo.com) OR Steve Bergstrand at [stevebergstrand73@gmail.com](mailto:stevebergstrand73@gmail.com) prior to the end of the day following the day of the hike (please don't send to both Dick and Steve). The number of pictures posted to Facebook is limited to 10 so the possibility exists that all your pictures will not be posted. Request you do not annotate your pictures, please? Visit our Facebook page Loveland-Mountain-Club to see photos from recent hikes.

Check out the Loveland Mountain Club website for more information about the club:

[www.lovelandmountainclub.org](http://www.lovelandmountainclub.org)

**Useful Telephone Numbers:**

Rocky Mountain National Park – Backcountry Office 970-586-1242

Rocky Mountain National Park – Emergencies 970-586-1204

Colorado Road Conditions 303-639-1111

Larimer County Emergency Number (connects to Sheriff) 970-416-1985 (or just dial 911)

Links to useful weather information can be found at [joandfrede.com/wx/mountain\\_weather.ppt](http://joandfrede.com/wx/mountain_weather.ppt).

## **Loveland Mountain Club Waiver of Liability, Assumption of Risk, and Indemnification**

**Parties and Definitions.** The individual whose name appears at the bottom of this waiver shall be referred to as "Participant." Loveland Mountain Club, Inc., is a Colorado non-profit corporation duly organized under the laws of the State of Colorado and registered with the Colorado Secretary of State. Loveland Mountain Club, Inc., including its employees, agents, volunteers, instructors, guides, officers, directors, and members shall be referred to as "Released Parties." Loveland Mountain Club and its employees, agents, volunteers, instructors, guides, officers, directors, and members either partially or wholly sponsor, organize, direct, conduct, or pay for various recreational activities, events, and trips that include, but are not limited to: hiking; snowshoeing; mountain biking; skiing and geocaching (collectively referred to as "LMC Activities").

**Specific Activity if Not a Member of LMC:** \_\_\_\_\_.

**Waiver:** Participant desires to participate in LMC Activities. In consideration and exchange for allowing Participant to participate in LMC Activities, Participant, for him/herself, heirs, personal representatives and assigns, agrees **not to sue the Released Parties, and to hold harmless and release any Released from any and all liability and/or claims for any injury, death, accident, illness, property damage, or property loss** arising from Participant's engagement in the LMC Activities, including, but not limited to, those claims based on any **Released Party's alleged or actual negligence or breach of any express or implied warranty.**

**Assumption of Risk.** Participation in any recreational activity or LMC Activities carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another. Some risks include but are not limited to: 1) minor injuries such as scratches, bruises, and sprains. 2) major injuries such as broken bones, eye injury or loss of sight, joint or back injuries, heart attacks, and concussions. 3) catastrophic injuries including paralysis and death and/or 4) exposure to unstable, steep, slippery terrain, wild or poisonous animals, insects or plants, altitude sickness, lightening, cold weather, avalanches, various other forces of nature, extreme remoteness from medical facilities, and/or equipment malfunctions. I understand and agree that I am solely responsible for my own safety and well being while participating in LMC Activities.

**I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in participating in LMC Activities. I hereby assert that my participation is voluntary and I knowingly assume all such risks.**

**Indemnification and Hold Harmless.** I also agree to **indemnify and hold** Released Parties **harmless** from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities including attorneys' fees brought as a result of my involvement in any LMC Activities and to reimburse the Released Parties for any such expenses incurred.

**Severability:** Participant expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of Colorado and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgement of Understanding:** I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

**PARTICIPANT**

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

If Participant is a minor under the age of 18 please **also** fill out the legal guardian's information below.

**PARTICIPANT'S LEGAL GUARDIAN**

Print Name \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_