



LOVELAND MOUNTAIN CLUB
PO BOX 983, LOVELAND, CO 80539
www.LovelandMountainClub.org
Vol. 42, #12: February, 2019

President's Message:

I want to thank Silvia Heinzer for her service as a Board Member. We ask Board Members and Officers to serve a two year term and Silvia 're-upped' more than once. Thank you Silvia for all your contributions! Ted Hartman has served as a Board Member and as Vice President and is also stepping down. Thank you Ted!

Volunteers Needed!

- I will be finished with my 2 year term as President on April 1st and because of travel, the February Meeting will be my last. If you love this club, and you feel as I do that it provides an amazing opportunity to safely enjoy the mountains in the company of other hikers, I urge you to volunteer for one of these openings for President or VP. The enjoyment that you will get out of the LMC is directly related to what you personally put into the experience:
- We have **12 monthly meetings** each year where you have many opportunities to meet other local hikers and hear excellent speaker programs that our volunteers organize. Nothing is more discouraging to these volunteers than a light turnout at meetings. Put the meetings on your calendar and attend!
- **The best way to meet and get to know other club members is on hikes.** The club tries to schedule 4 hikes each week. We need more members to lead hikes. A hike doesn't have to be in the mountains. I have personally led outings such as a sculpture foundry tour; a 2 hour walk along Boyd Lake followed by refreshments at a Brew Pub; and a 90 minute historical tour of old Loveland. Just for a few examples, but many dates are open. In January there were 12 hikes scheduled and 6 open dates. Opportunities for more volunteer leaders abound.
- We started a new category of hikes last year to encourage those who felt that the hikes were too difficult. **The EZ Hikes** are to be less than 4 miles with less than 600' of climbing. For lack of leaders there hasn't been an EZ Hike since November. We won't have EZ Hikes without volunteers to lead them. If you need help finding a hike to lead, we updated the **Hike Archive on the LMC Website**. There are now over 300 hikes listed by location and difficulty.

- Another volunteer need is for **two Weekend Hike Coordinators** for the months of September and October. What is required? The coordinator emails the 6 to 8 volunteers who will be leading hikes in those months and sends their hike descriptions on one or two pages to the Newsletter Editor. I already cover a month or I would take on one of these. Contact Penny Kragie at pakragie@gmail.com for more information or to volunteer.

Looking Back:

Thanks to Jim Disney for persuading the amazing **landscape photographer Erik Stensland** to speak at the January Meeting. Erik owns three galleries including Images of RMNP in downtown Estes Park, and he is outside taking photos almost every day so he rarely speaks to groups. We enjoyed his amazing story.

Looking Forward:

Wow! 41 years! Next week on Monday, February 4th at 6:30 we will gather to celebrate the **Loveland Mountain Club 41st Anniversary**. There will not be a speaker program but plenty of socializing and sharing great food. What better time to get out of hibernation, make new friends or renew current relationships than early February! Details are in the newsletter below. Hope to see you there!

2019 Club dues are payable from now through April 30th, by cash or check, at a Club Meeting at the check in table, or by mail at the PO Box above. Dues are \$20 for individuals or \$30 for couples/families. New members who paid after July 1st of last year are paid up for 2019. After this 4 month time frame, if you haven't paid your dues we will assume that you do not plan to be a member this year. Thank you!

Steve Bergstrand 970-292-8804 or 916-600-2209 cell/text, or stevebergstrand73@gmail.com.

Club Meetings:

Monthly meetings are from 7 – 8:30 PM at Trinity Lutheran Church, 3333 Duffield Avenue, Loveland, 80538, on the first Monday of the month (unless otherwise scheduled due to holidays).

Monday, February 4, 2019; 6:30 PM:

41st Anniversary Celebration! Trinity Lutheran Church, 3333 Duffield Avenue, Loveland, 80538. We will have our annual Pot Luck Supper. Please bring an appetizer, salad, or entrée. Those bringing desserts signed up for it at the January meeting. Drinks will be provided, but bring your own dinner ware.

March 4, 2019; Beth Conrey:

Beth Conrey is past-president of the Western Apicultural Society, the Colorado State Beekeepers Association and the Northern Colorado Beekeepers Association. She is co-founder of People and

Pollinators Action Network (PPAN)—a local grassroots organization focusing on pollinator policy in Colorado. She also serves as Treasurer of the Pollinator Stewardship Council (PSC)—a national non-profit focusing on pollinators and pesticide policy. She operates Bee Squared Apiaries, a chemical-free, 60 hive beekeeping business in Berthoud which produces terrific honey, gorgeous beeswax candles and indulgent soaps.

Editor's Notes:

If you need to contact me about special announcements or questions regarding the newsletter, please feel free to use my personal email mlpenning@sbcglobal.net. I am happy to send out group emails to the membership regarding any hike additions or changes, meeting announcements, etc. Hike leaders should also contact the appropriate hike coordinator about any additions or changes.

The government shutdown has affected the ability to get into Rocky Mountain National Park because of lack of services including road plowing. Our hike leaders will keep you informed about any changes in the hikes as needed. If you sign up for a hike in RMNP, stay in touch with the hike leader in case there are any last minute adjustments to the plans.

Love is in the air, and Carol Watt is leading two Valentine-themed hikes. As in love, pick the one you like the best!

Melanie Pennington, Editor

"The best love is the kind that awakens the soul and makes us reach for more, that plants a fire in our hearts and brings peace to our minds."
Nicholas Sparks, *The Notebook*

Special Thanks to our January Hike Leaders:

Kathy L. Pete L., Ted H., Carol W., Jane D., Doug B., Danielle B., Greg C., Steve B., and Bob C. gave of their time and expertise to lead hikes last month. Thanks to all for your time and effort!

Hike Coordinators:

Weekend Hike Coordinator for 2019: Penny Kraigie - pakragie@gmail.com or 571-643-6803

Weekend Hike Coordinator for February: Lynne Niemeyer: lynne.niemeyer@gmail.com or 970-344-5054

Tuesday Hike Coordinators: Jane and Dan Maddigan: maddigan2@gmail.com or 412-680-8919

Thursday Hike Coordinators: Tom Bruch: tabruch@msn.com or 970-405-7794

Important Hike Information

Loveland Mountain Club welcomes non-members to join us for any of the hikes we offer. Membership is encouraged after two hikes. Visit www.lovelandmountainclub.org for more information about club activities and membership.

- **Disclaimer: A hiker assumes the risk of any injury to person or property resulting from any of the inherent dangers and risks of hiking, snowshoeing or participating in any of the club's activities, including driving or riding to and from the trailhead, and may not recover from the Loveland Mountain Club for any injury resulting from any of the inherent dangers and risks aforementioned.**
- All participants must contact the hike leader to participate in a hike. Contact the hike leader at least three days prior to the activity
- Hike leader should notify participants in case of change of weather, etc. Participants should inform the hike leader if they are unable to make the trip
- If you want to go on a hike, pay attention to the hike classification (see below) to ensure that you are up to the challenge. Hike leader should discuss individual skills with each participant to ensure they are ready for the hike
- Participants should refer to the suggested hiking equipment list
- When hiking, lead and rear hikers should be readily seen. Person in front should wait for the slower hikers
- The last two cars of each trip should leave together so no one gets stranded
- Hike leader needs to be assertive as necessary; if in doubt, the hike leader is in charge and should not be questioned
- There should be a minimum of four participants. If there are not four, it is no longer a club activity
- Participants should pay gas money to the driver and bring a change of footwear and a bag for dirty boots

Classification ratings

EZ Hikes: Hikes of less than 4 miles and less than 600' of climbing; these hikes will be highlighted in yellow.

- A. Up to 8 miles maximum round trip with elevation gain up to 1200 feet
- B. 8-12 miles maximum round trip with elevation gain of 1200 to 2500 feet
- C. 12-15 miles maximum round trip, and/or elevation gain of over 2500 feet. Steep or rough terrain may be encountered
- D. More than 15 miles round trip, and/or elevation gain over 3500 feet. Trips in this classification may require additional climbing skills
- E. Designates peaks of any classification as dangerous. Basic mountaineering skills and/or the approval of the leader will be required

Some hikes will not exactly fit these ratings and may be designated A/B or B/C, etc. to convey the real nature of the hike. In those instances, pay close attention to the stated distance and/or elevation gain and discuss with the hike leaders when you call them to arrange to join the hike.

Hike Offerings

Thursday, January 24; No hike scheduled: Contact Tom Bruch at tabruch@msn.com if you would like to lead a hike on this date.

Saturday, January 26; No hike scheduled: Call Ted Hartman at 970-292-8431 if you would like to lead a hike on this date.

Sunday, January 27; No hike scheduled: Call Ted Hartman at 970-292-8431 if you would like to lead a hike on this date.

Tuesday, January 29; No Hike Scheduled: Contact Jane Maddigan at maddigan2@gmail.com if you would like to lead a hike on this date.

Thursday, January 31; Boulder Brook Snow Shoe:

Join us for this out-and-back, Class B snowshoe outing with a RT distance of 4.8 miles and total elevation gain of 1,430 ft. Bring traction devices in case we find less snow pack than anticipated. We'll begin from the Storm Pass Trail Head and use the Boulder Brook trail until it intersects with the North Longs Peak Trail, on which we'll head west to an overlook. Contact Danielle Brown at draker55@yahoo.com or 970-980-4642 to join the outing.

Saturday, February 2; Ramsey Shockey Open Space:

This will be a hike up at Ramsey Shockey Open Space, the trail around Pinewood Reservoir, Larimer County. The longer trail circles the lake, takes a little jaunt up the hill and is approximately 5 miles total, with minimal elevation gain. Bring ice-walkers as there will be ice on the trail, clothing layers and a snack. We will meet at the upper parking lot at Big Thompson School on west Highway 34 at 8:30 a.m. Contact Laurette Terrell, (970)443-2361, or lterrell@skybeam.com.

Sunday, February 3; No hike scheduled: Call Lynne Niemeyer at 970-344-5054 if you would like to lead a hike on this date

Tuesday, January 5; No Hike Scheduled: Contact Jane Maddigan at maddigan2@gmail.com if you would like to lead a hike on this date.

Thursday, February 7; The Loch and West Glacier Knob:

This adventurous snowshoe hike is about 6 miles round trip and approximately 1200' of elevation gain. We will start by going up the drainage to The Loch, then the rest of the hike is mostly off trail. From Serendipity Lake, we will climb The Knob and then take off cross country visiting small lakes and beaver

ponds on our way back to the trail. This is a class A hike and will be led at a slow to moderate pace to accommodate beginning snowshoe users. Call Jane D. to sign up or for more details: jcdflyfisher@gmail.com or 260-413-2686.

Saturday, February 9; No hike scheduled: Call Lynne Niemeyer at 970-344-5054 if you would like to lead a hike on this date.

Sunday, February 10; Emerald Lake:

Grab your sweetheart and join us on a pre-Valentine's Day hike through the snow from Bear to Nymph to Dream to a beautiful gem - Emerald Lake. This is a Class A hike of R/T 3.6 miles with 650 feet of elevation gain, and you will need snow shoes or spikes. Please contact Carol Watt by email to register Ruggmor@aol.com . Hopefully RMNP will be open and operating again by then.

Tuesday, February 12; Piper Meadows:

This is a class A hike about 4 miles round trip. The hike is out of Glenhaven. The first half-mile is a bit steep, with a number of switchbacks. The hike gets pretty easy after that. We will hike to the top of the meadow and cross over and return on the opposite side coming back. It may be muddy or slick, so come prepared! There is an old homestead on the west side where we will stop for photos. Contact Bob Crawford at 970-744-0526 for more details.

Thursday, February 14; Gem Lake:

February 14 - It's Valentine's Day, so let's head to that jewel, Gem Lake, followed by a swing-through of the Rocky Mountain Chocolate Factory. This is an easy to moderate 3.5 mile R/T hike with 1000 feet of elevation gain. The views are spectacular, there are interesting rock formations, and you'll have lots of tall steps to ascend. To sign up, send Carol Watt a note: <mailto:Ruggmor@aol.com>.

Saturday, February 16; Caribou Ranch Open Space:

Caribou Ranch is a place steeped in history with mining, ranching, movie sets and a recording studio located about two miles north of Nederland, CO. This easy to moderately paced hike will be 4.5 miles RT with elevation change of 308' and top elevation about 8,800'. Under winter conditions this will be a Class A hike. Depending on snow conditions we will either snowshoe or trek around in spikes. Along the way we will loop around the Blue Bird Mine complex and the Delonde Homestead as well as a diversion dam on the North Boulder Creek. This hike takes place in a scenic setting and has a unique look in the winter. For questions or to sign up, email Tom Bruch <mailto:tabruch@msn.com> or call at 970-405-7794.

Sunday, February 17; Lake Helene:

This is a Class A hike in RMNP, 7 miles with a gain of 1030' to elevation of 10,580. To sign up contact Lynne Niemeyer at <mailto:lynne.niemeyer@gmail.com> or 970-344-5054

Tuesday, February 19; No Hike Scheduled: Contact Jane Maddigan at maddigan2@gmail.com if you would like to lead a hike on this date.

Thursday, February 21; Dunraven:

This is a Class A/B hike of approximately 9 mile out and back. There's an elevation gain of approximately 800 feet. From the Dunraven trailhead we'll hike the North Fork Trail for approximately 4.3 miles as we cross through the Comanche Peak Wilderness and into Rocky Mountain National Park. The well-marked trail follows the stream and makes half a dozen stream crossings over plank or log footbridges. Traction devices may be needed. Contact Greg Coonfare at 720-289-8392 for meeting time and place.

Saturday, February 23; Sandbeach Lake:

This Class B hike is in the Wild Basin area of RMNP, off highway 7 near Allenspark. The trail takes us up to Sandbeach Lake at 10,473' and is 8.6 miles roundtrip with 2086' of net elevation gain. This may be a snowshoe hike over the upper part of the trail. This hike is popular and the trail is usually well packed so we may only need spikes. The trail is mostly sheltered in the forest with some great views of Wild Basin on the way up and of Mt. Meeker and other peaks at the lake. Email Steve <mailto:stevebergstrand73@gmail.com> for meeting time and place.

Sunday, February 24; Deer Mountain:

This snowshoe hike is 6-1/4 miles round trip and has just over 1000 feet of elevation gain. You will have great views of Long's Peak and the surrounding mountains. This is a class A hike and will be led at a moderate pace. Call Jane D. to sign up or for more details: 260-413-2686 or <mailto:jcdflyfisher@gmail.com>.

Tuesday, February 26; Glacier Basin Snowshoe:

We will begin at Sprague Lake and hike along Glacier Creek toward the Glacier Gorge trailhead. Distance is about 5 miles with 626 feet in elevation gain. For those who want a little extra, we can hike around the lake and enjoy beautiful views of Longs Peak and the mountains around the Bear Lake area. For more details or to sign up for the hike, call Penny Kragie at (571)643-6803 or Gabi Miles at (970)227-1497.

Thursday, February 28; Lake Helene Snowshoe:

This scenic Class B hike begins at Bear Lake. Our round trip distance is 6.5 miles with 1,340 feet elevation gain. At our destination we will enjoy views of Tourmaline Gorge surrounded by its various 11,000-and 12,000-foot peaks. To join the hike, contact Danielle Brown at draker55@yahoo.com or 970-980-4642 or Jane Maddigan at maddigan2@gmail.com.

Tuesday, March 5; Dream Lake Overlook:

We will go up the Flattop Mountain Trail from Bear Lake for about 2 miles of moderate grade, which is a more challenging hike using snow shoes. But the view down to Dream Lake from the overlook is worth the effort, and we will not be in a hurry unless the weather is "frightful"! Email Carol Watt to sign up at <mailto:Ruggmor@aol.com>.

***Hike Leaders:** Please call the RMNP Backcountry Office at 970-586-1242 and report any changes in trail conditions after your hike. They have requested our help as they cannot cover the hundreds of miles of trails. Also call this number the day before your hike for the latest road, trail and weather conditions at the Park.*

Interested in posting your "Club Hike" pictures to the club Facebook page?

Please forward your pictures to Dick Lottes at longs91peak@yahoo.com or Steve Bergstrand at stevebergstrand73@gmail.com prior to the end of the day following the day of the hike. The number of pictures posted to Facebook is limited to 10 so the possibility exists that all your pictures will not be posted. Request you do not annotate your pictures, please? Visit our Facebook page Loveland-Mountain-Club to see photos from recent hikes.

Check out the Loveland Mountain Club website for more information about the club:

www.lovelandmountainclub.org

Useful Telephone Numbers

Rocky Mountain National Park – Backcountry Office 970-586-1242

Rocky Mountain National Park – Emergencies 970-586-1204

Colorado Road Conditions 303-639-1111

Larimer County Emergency Number (connects to Sheriff) 970-416-1985 (or just dial 911)

Links to useful information can be found at Joeandfrede.com/wx/mountain_weather.ppt.